



KERRISDALE FSC NEWSLETTER ISSUE: SPRING 2022

"Never give up. There are always tough times, regardless of what you do in anything in life. Be able to push through those times and maintain your ultimate goal.

– Nathan Chen, Olympic Gold Medallist

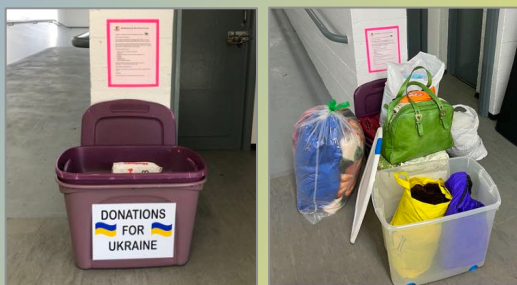


BYE FOR NOW KERRISDALE, HELLO HILLCREST AND SUNSET!

It's that time of year again when we bid farewell to our home arena, and move onto Hillcrest Rink on weekdays, and Sunset Rink on Sundays. Thank you all for a wonderful season at Kerrisdale, and we look forward to seeing you starting April 5th at Hillcrest!



THANK YOU to everyone who contributed to our Club's Humanitarian Goods & Supplies Drive for Ukraine. We had an overwhelming response – in total, we donated 35 large (75L!) green bags of items! We hope our items will provide some small measure of comfort to those who are so sadly affected by the war.



COACH'S TIP

Take Care of Your Skates!

- Make sure your blades get sharpened regularly.
- Wear skate guards whenever walking off the ice.
- Dry your blades thoroughly after practice.
- Inside the bag, protect your blades with soakers.
- At home, take your skates out of the bag to dry.
- Carry your skates in a bag to protect them.

- Coach Shannon Balabardin

SPRING OFF-ICE

Registration is now open for our Wednesday off-ice sessions. Come join us! It's an excellent way to develop your fitness and flexibility and improve your on-ice skills and performance!

Future Stars & Star 2-4 U11
6pm – 6:45pm

Star 2-4 12 & Over and Star 5
6:45pm – 7:30pm

Dates: Wednesdays
April 6th – June 15th



Where: Auditorium in Kerrisdale Community Centre (not Arena!)



UPCOMING AGM

Keep an eye out for date and details regarding our Annual General Meeting, typically held on a Monday evening in June. All are welcome to attend – it is a great way to learn more about the operations of our Club!

MAY COMPETITION

Star Skaters – mark your calendars! The 2022 Belairdirect BC/YK Super Series Victoria Day competition will be held May 20-22 in Surrey. Nikolai and Shannon will provide direction to skaters and parents regarding registration.

ICE ETIQUETTE TIPS

Skating can be a bit like driving a car or riding bike – there is etiquette and right of way involved! Please give right of way to:

- Skaters using the harness
- Soloists with music
- Skaters in a lesson



HIGH TEST RESULTS

The Club hosted an evaluator on March 20th to conduct high tests for our senior skaters. Congratulations to the following skaters who passed their tests!

Star 6 Elements

Claire Liu
Sofie Li
Stephanie Hu

Star 7 Program

Nina Tsai

Star 8 Elements

Polina Balabardina

Star 6 Program

Claire Liu
Sofie Li

THANK YOU C2 IMAGING!

We would like to extend our heartfelt thanks to large format printing company C2 Imaging (a connection through one of our Club members), who has generously donated its time and materials to providing our Club with signs to advertise our programs in the community. The signs contributed to the bounce-back of our membership after a challenging first year of Covid. C2 Imaging has also contributed to the recent upgrade of our lobby trophy case. As we are a non-profit organization, these kinds of donations go a long way to helping our Club with its continued success.

SAFETY REMINDERS

Zamboni: Please be sure to clear the ice quickly when the buzzer sounds at the end of the session to allow the ice person/Zamboni to start the flood.

Covid Safety Measures - UPDATE: As per the recent PHO updates, masks are no longer required in the rink or community centre on or off the ice. We respect each family's decision regarding use of masks.

QUESTIONS? CONCERNS? PLEASE REACH OUT!

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